VEGGIE BURGER

MADE IN HUMBOLDT

Ingredients: *tofu (filtered water, *soybeans, magnesium chloride), *carrots, *green onions, *parsley, *wheat-free tamari (water, *soybeans, salt), *white grain vinegar, *garlic, *ginger. *indicates organic ingredients

Nutrition	Amount/Serving		%DV*	Amount/Serving	%	DV*
Facts	Total Fat	12g	19 %	Total Carb.	8g	3 %
Serv. size 3.75 oz	Sat. Fat	2.5g	12 %	Fiber	1g	5 %
(105g) Servinas 2	Trans. Fat	0g	0 %	Sugars	1g	
Calories 230	Cholest.	0g	0%	Protein 2	22g	
Fat Cal 110	Sodium 52	20mg	22 %			
*Percent Daily Values (DV) are based on a 2000 calorie diet.	Vitamin A 25%	Vitam	nin C 25%	6 Calcium 15%	Iron	20%
Organice NON-GMO & MORE	ERTIFIED PRGANIC Y CCOF OFU SHOP SP ARC WWW.TI	CATA,	TY FOO CA			/

BBQ BURGER

MADE IN HUMBOLDT

Ingredients: *tofu (filtered water, *soybeans, magnesium chloride), *green peppers, *yellow onions, *wheat-free tamari (water, *soybeans, salt), *tomato paste, *unsulfured molasses, *cider vinegar, *sugar, *garlic, *white grain vinegar, *mustard, *cayenne. *Indicates organic ingredients

Nutrition	Amount/Servin	3	%DV*	Amount/Serving	%	DV*
Facts	Total Fat	8g	13 %	Total Carb	.15g	5%
Serv. size 3.75 oz	Sat. Fat	1.5g	8 %	Fiber	<1g	4%
(105g) Servings 2	Trans. Fat	0g	0 %	Sugars	10g	
Calories 200	Cholest.	0g	0%	Protein	17g	
FatCal 80	Sodium 67	'Omg	28 %			
*Percent Daily Values (DV) are based on a 2000 calorie diet	Vitamin A 4%	Vitamii	n C 50%	Calcium 10%	Iron 2	0%
NON-GMO & MORE	ERTIFIED RGANIC Y CCOF FU SHOP SP		TY FOO			
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MEXI BURGER

MADE IN HUMBOLDT

Ingredients: *tofu (filtered water, *soybeans, magnesium chloride), *jalapeno peppers, *carrots, *cilantro, *garlic, *sunflower seeds, *celery, *green onions, *wheat-free tamari (water, *soybeans, salt), *lime juice, *arrowroot, *white grain vinegar, salt, *roasted chili powder, *cumin *indicates organic ingredients

6DV*	%	erving	Amount/Ser	0V*	%	g	Amount/Servin	tion	Nutri	
3 %	8g (arb.	Total Ca	3%		12g	Total Fat		Facts	
5%	1g :		Fiber	2%		2.5g	Sat. Fat	e 3.75 oz	Serv. siz	
	1g	s	Sugars)%		0g	Trans. Fat	(105g) s 2	Servings	
	2g	1 2	Protein)%		0g	Cholest.	3230	Calories	
				2%	2	20mg	Sodium 52		Fat Cal	
20%	Iron 2	115%	% Calcium	25	nir	6 Vitar	Vitamin A 25%	Values (DV) are 100 calorie diet	*Percent Daily based on a 20	
	/	4	00206	327	6	0	ERTIFIED RGANIC Y CCOF	CCOF B Organic NON-GMO & MORE		
TOFU SHOP SPECIALTY FOODS INC ARCATA, CA										
	WWW.TOFUSHOP.COM									
	Iron	115%	00206	327 FOC			Vitamin A 25% ERTIFIED RGANIC Y CCOF FU SHOP SF AR	Values (DV) are 000 cabrie diet.		